Around The Kitchen Table

Chee Mamuk, Aboriginal Program, at the BC Centre for Disease Control provides culturally appropriate HIV/AIDS and sexually transmitted infection (STI) education to Aboriginal communities in BC.

Around The Kitchen Table (ATKT) brings together Aboriginal women around food, traditional activities and support to learn about HIV/AIDS and sexual health education.

The goal of ATKT Training is to train women in Aboriginal communities to be ATKT leaders whose teams will then implement and facilitate a series of sessions with women in their own communities.

Training includes:

- Aboriginal People’s Strengths and Challenges
- Healthy Self-Esteem
- Myths and Truths about HIV and Hepatitis
- Healthy Sexuality
- Drugs and Alcohol
- Around the Kitchen Table Approach
- Developing Plans to Run ATKT Sessions
- Learning to Facilitate ATKT Discussions
- Involvement in Cultural Activities

Each selected community receives $2,500 seed funds to support their ATKT sessions.

ATKT involves approximately 150 hours (shared between ATKT leaders) of activities.
Application Process:

ATKT Project Coordinator supports communities throughout the 3-step application process.

**Step one:** Choose your community’s team

Five First Nations communities will be selected from around the province bringing together teams of four women which include:

- At least two of the women are employed in the applying First Nations community
- Women community members such as an Elder or Youth

**Step two:** Fill out application forms

**Step three:** Get letter of support from Health Director

Each community’s Health Director provides a letter of support with the application. The letter includes (see sample):

- Approval for staff time to attend training, plan and implement ATKT sessions
- ATKT meeting space to host sessions
- Actively supporting and promoting project
- Providing additional dollars to support project

Complete application forms by June 17th, 2010

Contact Project Coordinator, Jessica Chenery at 604 707-5647. Submit applications by email atktcoordinator@bccdc.ca or fax (604) 707-5604 Attention Chee Mamuk.

Funding provided by First Nations Inuit Health and Provincial Health Services
ATKT Community Application Form
please feel free to use additional pages

CONTACT DETAILS

Name: 
Position:

Nation/Band:

Address:

Telephone:  Fax:  Email:

The following are 4 women in our community who are willing and able to attend the 4-day ATKT training in October 2010 and are committed to sharing ATKT in our community:

<table>
<thead>
<tr>
<th>Name of Person, Organization and Position</th>
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<tbody>
<tr>
<td>PAID STAFF (at least 2 women)</td>
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<tr>
<td>i.e. Community Health Representative, Drug and Alcohol Counsellor</td>
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<tr>
<td>COMMUNITY WOMEN</td>
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<td>i.e. Elder, youth, role model</td>
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1)
2) Please describe your hopes for ATKT in your community.

3) What challenges or concerns do you foresee in having ATKT in your community?

4) Are there local people to facilitate cultural, self-care and other activities such as nutrition or cooking? If so what activities?

5) How ready is your community to talk about HIV/AIDS and healthy sexuality?

   1  2  3  4  5  6  7  8  9  10
   Not ready at all  Very ready
Around The Kitchen Table Project

A sample Letter of Commitment from your Health Director:

Date

Your Organization’s Address Here

To Chee Mamuk:

I have read the Around the Kitchen Table Project letter of invitation and reviewed and approved the application drafted by staff. On behalf of our community I would like to welcome this project into our community and am committed to supporting the project in the following ways:

- Approving staff time for ATKT planning and implementation;
- Approving staff time for the 4-day ATKT training to be held in Vancouver in October 2010;
- Approving the use of space for project activities;
- Approving the reasonable use of photocopier and other office equipment for the project;
- Promoting the project in the community;
- Assisting ATKT leaders in reporting on how the $2,500 seed funds are spent;
- Providing additional dollars to support the ATKT project in my community of $ (please specify amount)

I commit to the above and agree to provide as much notice as possible if any of the above conditions change appreciably.

Sincerely,

Health Director